

# 2019 Non-Surgical Symposium

14-16 JUNE

INTERNATIONAL CONVENTION CENTRE SYDNEY


## PROGRAM



[www.nonsurgical.org.au](http://www.nonsurgical.org.au)




# FRIDAY 14 JUNE


7.30 - 8.30am	<b>MERZ "BREKKIE and BRIEF"</b>  <i>*Bookings Essential</i>				Rooms C3.4 and 3.5, Level 3			
7.30 - 8.30am	Registration							
8.30 - 8.45am	<b>OPENING PLENARY</b>				Plenary Room A, Level 2			
5 mins	Welcome and Opening Scientific Convenor NSS				Tim Papadopoulos			
3 mins	Welcome and Opening ASAPS President				Naveen Somia			
3 mins	Welcome Address CPCA President				Michael Molton			
3 mins	Welcome Address via video ASCD President				Greg Goodman			
8.45 - 10.30am	<b>SESSION 1A INJECTABLES 1: ANATOMY</b> Moderator: Tim Papadopoulos				Plenary Room A, Level 2			
20 mins	Understanding the layered anatomy for face and neck rejuvenation				Hee Jin Kim			
20 mins	Injecting in the frontotemporal regions				Tim Papadopoulos			
20 mins	Facial danger zones: why 3D anatomy is the key for safe injection				Patrick Trevidic			
20 mins	Facial vascular anatomy and its importance before injection procedures				Hee Jin Kim			
20 mins	The Mid-face explained				Niamh Corduff			
8.30 - 10.30am	Merz Injecting Village *Bookings essential				Room 2.5, Level 2			
10.30 - 11.00am	MORNING TEA WITH INDUSTRY							
11.00am - 1.00pm	<b>SESSION 2A - Plenary Room A, Level 2 INJECTABLES 2: UPPER FACE/MID-FACE</b> Moderator: Naveen Somia		11.00am - 1.00pm	<b>SESSION 2B- Concurrent Room B, , Level 2 BUSINESS SCHOOL 1</b> Moderator: Scott Turner		11.00am - 1.00pm	<b>SESSION 2C - Concurrent Room C, Level 2 RAPID FIRE SESSIONS 1</b>	
20 mins	Evaluating the importance of skin thickness in guiding product selection for Mid-face rejuvenation	Andreas Nikolis	20 mins	Consultation pearls for full face approach	Tapan Patel	7 mins	HIFEM Technology for Non-Invasive Body Sculpting: Use in Clinical Practice and Long Term Efficacy	David E. Kent
15 mins	Forehead injection: anatomy, techniques and outcomes	Patrick Trevidic	20 mins	Complaints - can we screen for these before treatment?	Ravi Jain	7 mins	How to manage expectations and improve client satisfaction: A pilot study of a pre-treatment psychological assessment tool	Toni Pikoos

20 mins	Filling the hollow eyes	Wilson Ho	20 mins	Why even bother? The technology of beauty	Grant Stevens	7 mins	Investigating Antioxidant Activity of Commonly Used Antioxidants and Evaluate their Efficacy in an Anhydrous Topical Formulation	Shiva Farabi
25 mins	Tear Trough: Why we have a tear trough and how to treat it? Medical and surgical vision	Patrick Trevidic	20 mins	How to Pick Your Patients	Amira Sanki	7 mins	Is the Practice Manager Title outdated?	Hanya Oversby
			15 mins	<b>SPECIAL TOPIC</b> The impact of Microdroplet HA on Skin Quality – The Canadian Experience	Andreas Nikolis	7 mins	Lower Abdominal Skin and Soft Tissue Tightening with MFU-V Ulthera	Frank Lin
20 mins	Mid-face volumisation in Asian population	Wilson Ho				7 mins	Management of Rosacea	Adam Rish
						7 mins	Melanin hyperpigmentation: effective and lasting treatment of melasma in patients with a multi-ethnic profile using dermamelan®	Fernando Galceran
20 mins	Panel Discussion		20 mins	What constitutes an effective Skype consultation and risk management strategies	Emma Gibson	10 mins	Panel Discussion	
						7 mins	Allumera® cream. The first in a new class of photodynamic cosmetics designed to improve the overall appearance of facial skin, reduce outward signs of aging, and minimize the appearance of pores with minimal downtime	Joanne Healy
						7 mins	Cold Plasma Technology: A Novel New Modality For Skin Rejuvenation And Ingredient Penetration	Terri Vinson
						7 mins	Cosmetic injections: are online advertisements providing valid information to patients in NSW?	Alum Sheila Uyirwoth
						7 mins	Efficacy and safety profile of using Discovery Pico picosecond laser in Treatment of Facial Acne Scarring and Rejuvenation	Celina Chuang
						7 mins	Eradicating periorbital veins	Adrian Lim
						7 mins	Full-Face Skin Resurfacing using fractional and full spot ablative ER:YAG 2940 NM Laser	Nasrin Mani
						7 mins	Hair Follicle Regeneration Combining Microneedling with Native Human Biosignaling Molecules	John Sanderson
						10 mins	Panel Discussion	
1.00 - 2.00pm	LUNCH WITH INDUSTRY							
1.00 - 2.00pm	SPONSORED LUNCH WITH SCITON <i>*Bookings Essential</i>						Rooms C3.4 and 3.5, Level 3	

2.00 - 4.00pm			<b>SESSION 3A - Plenary Room A , Level 2 COMBINATION TREATMENTS Moderator: Niamh Corduff</b>			2.00 - 3.00pm			<b>SESSION 3B - Concurrent Room B , Level 2 GALDERMA SYMPOSIUM 1</b>			2.00 - 4.00pm			<b>SESSION 3C - Concurrent Room C, Level 2 WORKSHOPS</b>		
25 mins	Combination approach to upper/ mid/lower face rejuvenation	Wilson Ho	60 mins	'Lower Face. High Standards' - Impact of the upper and mid face treatment on the lower face and personalisation of lower face treatments *Bookings Essential	Dr Andreas Nikolis	30 mins	Workshop 1 How to use your iphone to take great photos	Woodrow Wilson, Clinical Imaging									
15 mins	The icing on the cake. Post facelift optimisation	Grant Stevens				30 mins			Using the iPhone for marketing	Doyle Buehler							
20 mins	A combined approach to the jawline	Niamh Corduff	3.00 - 4.00pm			<b>SESSION 3B - Concurrent Room B SPECIAL TOPICS</b>			60 mins	Workshop 2 How to leverage social media for your practice	Naomi McCullum						
20 mins	Combining broadband light (BBL) with a hybrid-fractional laser (Halo) – My secret for rejuvenating skin	David Sieber	30 mins	The Centripetal Progressive Approach (CPA): anatomical basis and rejuvenation principles	Francesca De Angelis												
20 mins	Combining RF microneedling and laser-based CDS	Steven Weiner	30 mins	Multi – syringe filler approach...when more is less	Tapan Patel												
20 mins	HA and threads a synergy to improve results	Eyal Kramer															
2.30 - 4.30pm		Merz Injecting Village *Bookings essential									Room 2.5, Level 2						
4.00 - 4.30pm		AFTERNOON TEA WITH INDUSTRY															
4.30 - 5.30pm			<b>SESSION 4A - Plenary Room A, Level 2 INJECTABLES 3: LOWER FACE Moderator: Amira Sanki</b>			4.30 - 5.30pm			<b>SESSION 4B - Concurrent Room B, Level 2 ETHNIC BEAUTY Moderator: Wilson Ho</b>			4.30 - 5.30pm			<b>SESSION 4C - Concurrent Room C, Level 2 WORKSHOP</b>		
15 mins	Combined, minimally invasive treatments for the neck and jawline. Less ablation, more regeneration	Hema Sundaram	15 mins	The Asian aesthetic consumer and the Asian aesthetic healthcare practitioner	Wilson Ho	60 mins	Workshop 3 Nurse Injectors Forum										
15 mins	Lower face rejuvenation using cannulas and combining different HA technologies to achieve the best outcomes	Ravi Jain	15 mins	A new approach to assessing Asian faces	Niamh Corduff												
			15 mins	How to treat different ethnic groups	Nimrod Friedman												
15 mins	Lower face and Botulinum Toxin: Remodeling the face	Patrick Trevidic	15 mins	Combined treatments for facial shaping in different ethnicities	Hema Sundaram												


15 mins	Jawline contouring techniques	Tapan Patel		
6.00 - 8.00pm	<b>WELCOME RECEPTION</b>  <i>Dress: Smart Casual</i> <i>Please note buses will depart at 6:10pm sharp from the ICC.</i>			<b>Doltone House - Jones Bay Wharf</b> <i>Level 3/26-32 Pirrama Rd, Pyrmont</i>


# SATURDAY 15 JUNE


7.00 - 7.55am	<b>ALLERGAN "BREKKIE AND BRIEF"</b>  <i>*Bookings Essential</i>	Rooms C3.4 and 3.5 Level 3
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7.30 - 8.00am	Registration
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8.00 - 10.00am	<b>SESSION 5A - Plenary Room A, Level 2</b>		8.00 - 10.00am	<b>SESSION 5B - Concurrent Room B, Level 2 BUSINESS SCHOOL 2</b>		8.00 - 10.00am	<b>SESSION 5C - Concurrent Room C, Level 2 RAPID FIRE SESSIONS 2</b>	
	<b>INJECTABLES 4: COMPLICATIONS</b>			<b>Moderator: Grant Stevens</b>				
	<b>Moderator: Tim Papadopoulos</b>							
20 mins	Fillers complications: Prevent, recognise and treat	Patrick Trevidic	20 mins	Optimising patient communication in aesthetics to improve all outcomes	Ravi Jain	7 mins	Pathological scars: a novel combined approach. We report an alternative therapy combining Deep fractional Co2 treatment and 5FU in the treatment of keloids, not responsive to current therapies	Francesca de Angelis
15 mins	Avoiding pitfalls in Botulinum Toxin treatments	Tapan Patel	20 mins	The New Face of Aesthetic Medicine	Grant Stevens	7 mins	Patient Satisfaction Following Treatments With Genomics Research and Modern Physiognomy for Aging Skin	Wen Hsien Ethan Huang
20 mins	It's complicated-understanding the complexities of complications. An introduction to HA risk management	Eyal Kramer	20 mins	What I've learnt from my mistakes in digital marketing	Naveen Somia	7 mins	Pico lasers - are we there yet?	Adrian Lim
			20 mins	<b>SPECIAL TOPIC</b> Threads- choosing the right patients	Eyal Kramer	7 mins	Post inflammatory hyperpigmentation a review – how to reduce it in practice.	Michael Freeman
20 mins	The new science of fillers: linking rheology, biomechanics and imaging to clinical outcomes	Hema Sundaram	20 mins	<b>SPECIAL TOPIC</b> Cosmetic procedures in skin of color-safety and management	Seemal Desai	7 mins	Subcision and fractional ablative 2940 NM ER:YAG laser – the optimal single session treatment for acne scars	Nasrin Mani
25 mins	Approach to the complex patient. Expanding filler indications	Andreas Nikolis	20 mins	<b>SPECIAL TOPIC</b> Odour & Sweat is the Next Opportunity in Aesthetics	Grant Stevens	7 mins	Techniques for safer injection of facial dermal fillers	Adam Rish
15 mins	Panel Discussion					10 mins	Panel Discussion	

						7 mins	The Double Fractional: An Efficacy And Safety Treatment In Facial Rejuvenation	Francesca de Angelis		
						7 mins	The Safety of Energy Based Devices for Feminine Rejuvenation	Zdenko Vizintin		
						7 mins	Topical Biosignals and the Epigenome: Human Stem Cell-Derived Exosomes as Next Generation Aesthetic Therapeutics	John Sanderson		
						7 mins	Treating Facial Fat	Adam Rish		
						7 mins	Understanding Beauty	Adrian Lim		
						7 mins	Using Artificial Intelligence for Instant and Accurate Facial Photography in the Clinical Setting	Norah Hager Hassan Sadek		
						7 mins	VulvoVaginal atrophy: Functional and aesthetic outcomes using a new CO2 microablative laser	Francesca de Angelis		
						10 mins	Panel Discussion			
8.00 - 10.00am	Merz Injecting Village *Bookings essential						Room 2.5, Level 2			
9.00 - 10.30am	CPR Workshop *Bookings essential						Parkside Ballroom, Level 2			
10.00 - 10.30am	MORNING TEA WITH INDUSTRY									
10.30am - 12.30pm	<b>SESSION 6A - Plenary Room A, Level 2 BOTULINUM TOXIN Moderator: Patrick Trevidic</b>			10.30am - 12.30pm	<b>SESSION 6B - Concurrent Room B, Level 2 LIP AESTHETICS Moderator: Hema Sundaram</b>		10.30am - 11.30am	<b>SESSION 6C - Concurrent Room C, Level 2 WORKSHOPS</b>		
40 mins	The Science of Botulinum A Toxins, understanding some of the differences between formulations	Niamh Corduff	20 mins	Natural, age-appropriate looking lips using cannula. My 3 layer lip technique (with video)	Ravi Jain	60 mins	<b>Workshop 4</b> Patient Demonstration and Live Injecting 1 	Naveen Somia and Catherine Porter		
15 mins	Botulinum Toxin resistance	Andrew Evans	20 mins	Complementary zones to perioral beautification	Wilson Ho	60 mins	<b>Workshop 5</b> Centripetal progressive approach method	Francesca De Angelis		
10 mins	Botulinum Toxin: Dilution, dose, target and device	Patrick Trevidic	15 mins	My approach to lip enhancement	Niamh Corduff					
20 mins	Complications of Toxins	Niamh Corduff	20 mins	Aesthetics and Ageing of the Lips	Tim Papadopoulos					
20 mins	<b>SPECIAL TOPIC</b> Facial muscle anatomy - the importance of depth and variation	Hee Jin Kim	20 mins	<b>SPECIAL TOPIC</b> Psoriasis in special populations	Seemal Desai					

15 mins	Panel Discussion		20 mins	Panel Discussion				
11.30am - 1.00pm	CPR Workshop *Bookings essential					Parkside Ballroom, Level 2		
12.30 - 1.30pm	LUNCH WITH INDUSTRY							
12.30 - 1.30pm	SPONSORED LUNCH WITH CANDELA <i>*Bookings Essential</i>					Rooms C3.4 and 3.5, Level 3		
1.30 - 2.30pm	<b>SESSION 7A - Plenary Room A, Level 2 LASERS AND EBD 1 Moderator: Anita Patel</b>		1.30 - 2.30pm	<b>SESSION 7B - Concurrent Room B, Level 2 GALDERMA SYMPOSIUM 2</b>		1.30 - 2.30pm	<b>SESSION 7C - Concurrent Room C, Level 2 SKIN OF COLOUR Moderator: Seemal Desai and Hema Sundarem</b>	
20 mins	Advanced techniques for facial rejuvenation using a novel hybrid-fractional laser (Halo)	David Sieber	60 mins	‘Lower Face. High Standards’ Anatomy of the Lower face & ‘ReJAWvenation’ <i>*Bookings Essential</i>	Dr Andreas Nikolis and Dr Steven Weiner	30 mins	Discussing chemical peels in hyperpigmentation-melasma, PIH and beyond	Seemal Desai
20 mins	Co2 Laser for facial rejuvenation	Nima Naghshineh	30 mins			Planning and Implementation of Combined Treatments in Diverse Patient Populations	Hema Sundaram	
20 mins	Pulsed Dye/1064 for vascular lesions	Nima Naghshineh						
2.30 - 3.45pm	<b>ORATION - Future Crunch</b> Future Crunch give you rocket fuel for the brain.  They will show you how the world is getting better. They help organisations navigate the future. Their mission is to foster intelligent, optimistic thinking about the future, and to empower people to contribute to it					Plenary Room A, Level 2		
1.30 - 3.30pm	Merz Injecting Village *Bookings essential					Room 2.5, Level 2		
2.00 - 3.00pm	CPR Workshop *Bookings essential					Parkside Ballroom, Level 2		
3.45 - 4.15pm	AFTERNOON TEA WITH INDUSTRY							
4.15 - 5.30pm	<b>SESSION 8A - Plenary Room A MALE AESTHETICS</b>		4.15 - 5.30pm	<b>SESSION 8B - Concurrent Room B NON-INVASIVE BODY CONTOURING Moderator: Ritu Gupta</b>		4.15 - 5.30pm	<b>SESSION 8C - Concurrent Room C, Level 2 CPCA AGM</b>	
15 mins	Neograft. Or male pattern baldness without incisions	Grant Stevens	20 mins	Fractional RF microneedling for skin rejuvenation, laxity and submental fat reduction	Nima Naghshineh	<i>*For CPCA Members only</i>		
10 mins	Targeting males. Marina ManLand	Grant Stevens	20 mins	Body contouring with energy-based devices	Hema Sundaram			
15 mins	Avoiding feminisation of the male face with fillers	Nimrod Friedman	20 mins	Fractional RF microneedling for body contouring / cellulite	Nima Naghshineh			

15 mins	The male patient - it's time to be handsome	Eyal Kramer	15 mins	Update on CoolSculpting	Grant Stevens		
20 mins	Panel Discussion						
7.00 - 11.00pm	<b>GALA DINNER</b>  <i>Dress: Formal</i> <i>*Bookings Essential. Please go to the NSS Registration Desk prior to the Gala Dinner to place your name on the table list. Please note buses will depart at 6:30pm sharp from the Sofitel Darling Harbour</i>					Hyatt Regency Sydney 161 Sussex St, Sydney	

## SUNDAY 16 JUNE

8.00 - 9.00am	<b>MONDEAL AESTHETICS "BREKKIE AND BRIEF"</b>  <i>*Bookings Essential</i>					Rooms C3.4 and 3.5 Level 3		
8.30 - 9.00am	Registration							
9.00 - 10.30am	<b>SESSION 9A - Plenary Room A, Level 2 LASERS &amp; EBD 2</b> <b>Moderator: Nina Wlnes</b>		9.00 - 10.30am	<b>SESSION 9B - Concurrent Room B, Level 2</b> <b>BUSINESS SCHOOL 3</b>		9.00 - 10.30am	<b>SESSION 9C - Concurrent Room C, Level 2</b> <b>WORKSHOPS</b>	
20 mins	PicoSecond lasers for skin rejuvenation	Nima Naghshineh	30 mins	Setting up a brand new aesthetic practice - what I wouldn't do again (lessons learned after 10 years)	Ravi Jain	90 mins	<b>Workshop 6</b> Patient Demonstration and Live Injecting 2 	Tim Papadopoulos and Tass Tasiopoulos
20 mins	The power and versatility of the PICOPLUS platform	Steven Weiner	25 mins	How to incorporate non-surgical revenue streams into a surgical practice	David Sieber			
20 mins	Lasers and energy-based devices in diverse skin types - achieving better and safer results	Hema Sundaram	20 mins	How skin booster became as popular as fillers and toxins in my practice	Ravi Jain			
20 mins	Practical applications of the pulse dye laser	Hema Sundaram	15 mins	Panel Discussion				
10 mins	Panel Discussion							
10.30 - 11.00am	MORNING TEA WITH INDUSTRY							



11.00am - 12.50pm	<b>SESSION 10A - Plenary Room A, Level 2 SKIN CONDITIONS &amp; FEMALE REJUVENATION Moderator: Seemal Desai</b>		11.00am - 12.45pm	<b>SESSION 10B - Concurrent Room B, Level 2 COSMECEUTICALS Moderator: Adrian Lim</b>		11.00am - 11.45pm	<b>SESSION 10C - Concurrent Room C, Level 2 WORKSHOP</b>	
20 mins	<b>SPECIAL TOPIC</b> Keeping Australia Safe	TGA Representative	20 mins	Hot Topicals - Evidence-based analysis of emerging cosmeceuticals	Hema Sundaram	45 mins	<b>Workshop 7</b> Instagram Marketing - Plann That Mackayla Paul	
20 mins	Topical therapies in melasma: An update	Seemal Desai	20 mins	Have you heard of?	Colin Barrow	11.45am - 12.45pm	<b>SESSION 10C - Concurrent Room C, Level 2 NURSE INJECTORS SEMINAR</b>	
20 mins	Depigmentation therapy in vitiligo	Seemal Desai	20 mins	Delivering Actives into the skin	Keturah Hoffman	60 mins	Cybersecurity & critical risks for your practice Chris Peiris	
15 mins	Topical Actives for Skin Photodamage and Malignancies	Hema Sundaram	20 mins	Regulatory status of "Cosmeceuticals"	Ric Williams		Move to Plenary Room for Closing Remarks	
15 mins	Co2 Laser for Female Rejuvenation	Nima Naghshineh	20 mins	The Future of Skincare	Harry Arampatzis			
10 mins	Panel Discussion			Move to Plenary Room for Closing Remarks				
12.50 - 1.00pm	<b>ARS LONGA, VITA BREVIS CLOSING REMARKS</b>						Plenary Room A, Level 2	

*\*Program subject to change*

