



Australasian Society  
of **Aesthetic Plastic Surgery**



# 2014

## Non-Surgical Symposium

8 - 11 MAY, HILTON, SYDNEY

[www.nonsurgical.org.au](http://www.nonsurgical.org.au)



**Convenor:**

Dr Mark Magnusson

**Organising Committee:**

Dr Gabrielle Caswell

Dr Greg Goodman

Dr Steven Liew

Dr Terrence Scamp

**ASAPS President:**

Dr Scott Ingram

**CPSA President:**

Dr Gabrielle Caswell

**ASAPS Treasurer:**

Dr Tim Papadopoulos

**ASAPS Education**

**Chairman:**

Dr Mark Magnusson

**International Faculty:**

Dr Ashish Bhatia

Dr Vivian Bucay

Dr Steven Dayan

Dr Rebecca Fitzgerald

Dr Mitchel Goldman

Dr Mark Nestor

Dr Hema Sundaram

Dr Tom van Eijk



## THURSDAY 8 MAY - MACQUARIE UNIVERSITY

7:30am	Bus Departure from Hilton, Sydney to Macquarie University <i>*Bookings essential.</i>	
8:00am - 4:45pm	Anatomy & Live Injecting Workshop - Sponsored by Allergan <i>*Limited places apply. Bookings essential.</i>	
4:45pm	Bus Departure from Macquarie University to Hilton, Sydney <i>*Bookings essential.</i>	
6:00pm - 8:30pm	Welcome Reception - Sponsored by Galderma <i>Dress Code: Smart Casual</i>	The Ivy 330 George St, Sydney

## FRIDAY 9 MAY - HILTON, SYDNEY

<b>Session 1</b> 8:00am - 10:00am	<b>AGEING &amp; AESTHETICS</b> Moderator: Scott Ingram	Hilton, Sydney
15 mins	Official welcome	Mark Magnusson
15 mins 15 mins	The ageing face: <ul style="list-style-type: none"> <li>• Skin: structural and visible changes</li> <li>• Skeletal changes</li> </ul>	Greg Goodman Mark Magnusson
30 mins	Facial aesthetics including aesthetics of the profile	Steven Dayan & Rebecca Fitzgerald
15 mins	Periorbital aesthetics	Mark Magnusson
15 mins	Nonsurgical beautification of the post blepharoplasty result	Mark Magnusson
15 mins	Volumetric approach to the mid face	Hema Sundaram
10:00am - 10:30am	<b>MORNING TEA WITH INDUSTRY</b>	
<b>Session 2</b> 10:30am - 12:20pm	<b>SCIENCE OF FILLERS AND TOXINS</b> Moderator: Greg Goodman	Hilton, Sydney
15 mins	Are all toxins the same: Abobotulinumtoxin A and Onabotulinumtoxin A	Mark Nestor
20 mins	Filler rheology	Hema Sundaram
15 mins	Skin strengthening properties of Restylane	Tom van Eijk
15 mins	Poly-L-Lactic Acid fillers	Rebecca Fitzgerald
15 mins	Collagen stimulation with HA fillers	Mark Nestor
15 mins	Panel Discussion	
12:20pm - 1:20pm	<b>LUNCH WITH INDUSTRY</b>	
<b>Session 3</b> 1:20pm - 3:20pm	<b>LIVE INJECTING: VOLUMISING &amp; LOWER FACE</b> Moderator: Terrence Scamp	Hilton, Sydney
1 hour	Lip tenting, fering	Tom van Eijk
1 hour	Sculptura	Rebecca Fitzgerald
3:20pm - 3:50pm	<b>AFTERNOON TEA WITH INDUSTRY</b>	
<b>Session 4</b> 3:50pm - 5:40pm	<b>NON-SURGICAL FACE AND BODY CONTOURING</b> Moderator: Tim Papadopoulos	Hilton, Sydney
20 mins	Classifying technologies on mode of action rather than energy type	Hema Sundaram
10 mins	Use of RF for Skin Tightening	Vivian Bucay
10 mins	HIFU vs Cryolipolysis	Mitchel Goldman

10 mins	Cryolipolysis	Mark Magnusson
10 mins	Pulsed Focused Ultrasound for non-thermal destruction of adipocytes: solo and in combination with Radiofrequency	Hema Sundaram
10 mins	Focused Ultrasound for Non-Surgical Lifting of the Brow, Face and Neck	Vivian Bucay
10 mins	Micro-focused Ultrasound Plus Visualization for the Treatment of Axillary Hyperhidrosis	Mark Nestor
20 mins	Panel Discussion	
7:00pm - 11:30pm	Conference Gala Dinner - Sponsored by Allergan <i>Buses Depart from Hilton Lobby at 6:30pm sharp Dress: Formal</i>	Doltone House, Jones Bay Wharf

## SATURDAY 10 MAY

<b>Session 1</b> 8:30am - 10:00am	<b>ANATOMY OF SKIN AND BASIC SKIN CARE</b> Moderator: Vivian Bucay	<b>Hilton, Sydney</b>
20 mins	<b>Anatomy of skin</b> What makes up the skin? How does it response to disease? What is a Skin Type?	Greg Goodman
45 mins	<b>What is basic skin care?</b> Cleansers: what, why, when & how? Moisturisers: what, why, when & how?	Kerryn Greive
10 mins	The Clinical Imperative of Effective Skincare Management	Vivien Gardiner, Jan Marini
10 mins	Managing post-inflammatory hyperpigmentation risks in Ethnic skins	Chiza Westcarr, Advanced Skin Technology
5 mins	<b>Panel: Controversies</b> Is basic skin care really important? Does it make a long term difference? Should we be using toners? When should we start using basic skin care? How do we handle sensitivity and difficult skin? What things we believe What things we don't believe	
10:00am - 10:30am	<b>MORNING TEA WITH INDUSTRY</b>	
<b>Session 2</b> 10:30 - 12:35	<b>LASER</b> Moderator: Hema Sundaram	<b>Hilton, Sydney</b>
15 mins	Laser physics	Ashish Bhatia
15 mins	Ablative technologies	Ashish Bhatia
15 mins	IPL	Mitchel Goldman
15 mins	PDT Aust experience	Doug Grose
15 mins	PDT	Mitchel Goldman
10 mins	Autologous PRP The right stuff for surgical and non surgical tissue rejuvenation also combined with Lasers	Eugene Hollenbach
20 mins	Presentation of data collected for the regulation of lasers and light devices: The laser and light device regulatory process ARPANSA	John Javorniczky
20 mins	Advertising of prescription cosmetics	Mick O'Connor
12:35pm - 1:35pm	<b>LUNCH WITH INDUSTRY</b>	

<b>Session 3</b> 1:35pm - 3:10pm	<b>SAFETY, COMPLICATIONS AND TECHNIQUES</b> Moderator: Terrence Scamp	Hilton, Sydney
15 mins	Nodules	Hema Sundaram
15 mins	The pain truth	Steven Dayan
15 mins	Intravascular accidents with injectables	Steven Dayan
15 mins	Ferning and lip tenting	Tom van Eijk
10 mins	Cannulas	Hema Sundaram
15 mins	Cannula or needles in facial fillers: The misconceptions and the evidence	Steven Liew
15 mins	Injection to the temple: superficial vs deep	Steven Liew
10 mins	Injectible rhinoplasty (free paper)	William Mooney
<b>3:10pm - 3:40pm</b>	<b>AFTERNOON TEA WITH INDUSTRY</b>	
<b>Session 4</b> 3:40pm - 5:40pm	<b>LIVE INJECTING: PERIORBITAL AND MID FACE INJECTING</b> Moderator: Steven Liew	Hilton, Sydney
1 hour	Periorbital	Steven Dayan
1 hour	Midface	Hema Sundaram
4:00pm - 6:00pm	<b>CPSA AGM</b> 4pm registration, AGM starts at 4:30pm	Hilton, Sydney
5:45pm - 8:00pm	<b>CUTERA WORKSHOP</b> Cutera systems and how they helped establish a successful aesthetic dermatology practice. Including presentations on enLighten the new revolutionary pico second technology and combining technologies	Ashish Bhatia Level 4, Rooms 4&5, Hilton Sydney
7:00 for 7:30 pm	Faculty dinner	Oak Barrell
<b>SUNDAY 11 MAY</b>		
6:00am - 7:00am	Zumba Class <i>*Bookings Essential</i>	Hilton Gym, Sydney
7:30am - 8:30am	Mother's Day Breakfast <i>*Bookings Essential - All welcome to attend</i>	Level 4, Rooms 4&5, Hilton Sydney
<b>Session 1</b> 8:30am - 10:50am	<b>SUN DAMAGE &amp; DISORDERS OF SKIN COLOUR</b> Moderator: Ashish Bhatia	Hilton, Sydney
15 mins	Sun damage and disorders of skin colour <ul style="list-style-type: none"> <li>• Treatment of facial epidermal damage including sun spots</li> <li>• Treatment of dermal sun damage including wrinkling</li> <li>• Does diet play a role?</li> </ul>	Mitchel Goldman
15 mins 15 mins		Hema Sundaram Jo McMillan (Nutritionist)
15 mins		Panel: Case examples & their management
5 mins	Why do we care about disorders of skin colour and what skin colours do we see?	Greg Goodman
25 minutes	Red <ul style="list-style-type: none"> <li>• Medical management of diseases causing redness: rosacea, KP rubra, flushing disorders including menopause</li> <li>• Procedural management including medical conditions and vascular abnormalities</li> </ul>	Shawn Richards Shawn Richards
20 mins 15 mins	Brown <ul style="list-style-type: none"> <li>• Melasma and PIH: Hyperpigmentation strategies</li> <li>• An update on brown lesions and their management</li> </ul>	Hema Sundaram Mitchel Goldman
15 mins	Panel: Case examples & their management	

10:50am - 11:20am	<b>MORNING TEA WITH INDUSTRY</b>	
<b>Session 2</b> 11:20am - 1:15pm	<b>SKIN TEXTURE, ACTIVE SKIN CARE AND SUN PROTECTION</b> Moderator: Gabrielle Caswell	Hilton, Sydney
10 mins 10 mins 10 mins	Disorders of skin texture and topography <ul style="list-style-type: none"> <li>• What are pores and how do we treat them?</li> <li>• Update on the physical treatment of acne</li> <li>• Update on treatment of post acne scarring</li> </ul>	Ashish Bhatia Mitchel Goldman Ashish Bhatia
15 mins 10 mins 10 mins 10 mins	<b>Active Skin Care</b> <ul style="list-style-type: none"> <li>• Active skin care in disease states</li> <li>• ABC: Vitamin A and retinoids Vit B, Vit C and antioxidants</li> <li>• A &amp; B: AHAs and BHAs</li> </ul>	Greg Goodman Gabrielle Caswell Doug Grose Doug Grose
25 mins	Sun Protection <ul style="list-style-type: none"> <li>• Anatomy of skin as related to natural sun protection and immune surveillance</li> <li>• Role of sun blocks, SPF, Broad spectrum</li> <li>• Additives to sun blocks - vitamins B, C, D</li> <li>• Role of other sun blocking: diet, topical antioxidants</li> </ul>	Richard Parker
10 mins	Panel: Controversies <ul style="list-style-type: none"> <li>• Is active skin care useful at all?</li> <li>• If so what are your 2 favourites</li> <li>• What time of day for what and why?</li> <li>• Do non prescription Vit A preparations do much?</li> </ul>	
5 mins	Close	
1:15pm	<b>CONCLUSION OF SYMPOSIUM</b>	
2:00pm	Bus departs from Hilton, Sydney to Sydney Domestic Airport <i>*Bookings essential.</i>	
4:00pm	Bus departs from Hilton, Sydney to Sydney Domestic Airport <i>*Bookings essential.</i>	
6:00pm	Bus departs from Hilton, Sydney to Sydney Domestic Airport <i>*Bookings essential.</i>	

*\*Provisional program subject to change*

